



## Parent Information Leaflet

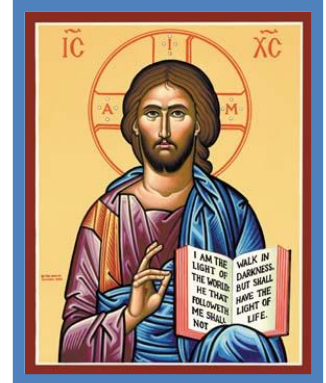
### Prayers learned and used from PRIMARY ONE in St. Mark's

#### The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit, Amen!

#### Our Father

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven, give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil, Amen!



#### Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end, Amen!

Jesus, the Teacher

#### Hail Mary

Hail Mary, full of grace, the Lord is with thee, blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and at the hour of our death, Amen!

#### Morning Prayer

O Jesus, through the most pure heart of Mary, I offer you all my prayers, works, joys and sufferings of this day for all the intentions of Thy Divine Heart, and particularly for the intentions of our Holy Father the Pope. Amen!

#### Night Prayer (Veritas)

God our Father, I come to say, thank you for your love today, thank you for my family and all the friends you give to me. Guard me in the dark of night, and in the morning give me light, Amen.

#### Grace Before Meals (Veritas)

Bless us O Lord as we sit together.  
Bless the food we eat today.  
Bless the hands that made the food.  
Bless us O Lord. Amen!

#### Grace After Meals (Veritas)

Thank you, God, for the food we have eaten,  
Thank you God, for all our friends,  
Thank you God, for everything,  
Thank you, God, Amen.



Christmas Dinner

## Prayers learned and used from PRIMARY TWO

### Act of Sorrow (Veritas)

O my God, I thank you for loving me. I am sorry for all my sins, for not loving others and not loving you. Help me to live like Jesus and not sin again. Amen

## Prayers learned and used from PRIMARY THREE

### Eternal Rest

Eternal rest grant unto (him, her, them) O Lord, and let perpetual light shine upon (him, her, them), may (he, she, they) rest in peace, Amen!  
May (his, her, their) soul(s), and the souls of all the faithful departed, through the mercy of God, rest in peace, Amen!

### Prayer to Guardian Angel

Angel of God, my guardian dear,  
To whom God's love commits me here,  
Ever this day (night) be at my side,  
To light and guard, to rule and guide.  
Amen



Guardian Angel

## Prayers learned and used from PRIMARY 4

### Creed

## Prayers learned and used from PRIMARY FIVE

### Grace before Meals (Traditional)

Bless us, O Lord, and these Thy gifts which we are about to receive from Thy bounty through Christ our Lord. Amen!

### Grace after Meals (Traditional)

We give Thee thanks, O Almighty God,  
for these Thy benefits  
Who lives and reigns, world without end.  
Amen.  
May the souls of the faithful departed,  
through the mercy of God,  
rest in peace.  
Amen.

### Act of Sorrow (Traditional)

O my God, Who art infinitely good, and always hatest sin, I beg pardon from my heart for all my offences against Thee; I detest them all and am heartily sorry for them because they offend Thine infinite goodness; and I firmly resolve by the help of Thy Grace, never more to offend thee and carefully to avoid the occasions of sin. Amen!



First Communion

## **The Angelus**

V. The angel of the Lord declared unto Mary.      R. And she conceived by the Holy Spirit.  
Hail Mary ...

V. Behold the handmaid of the Lord                      R. Let it be done unto me according to thy word.  
Hail Mary ...

V. And the Word was made flesh                      R. And dwelt among us.  
Hail Mary ...

V. Pray for us, O holy Mother of God              R. That we may be made worthy of the promises  
of Christ

Let us pray: Pour forth, we beseech Thee, O Lord,  
Thy grace into our hearts,  
That we, to whom the Incarnation of Christ Thy Son  
was made known by the message of an angel,  
may, by His Passion and Cross,  
be brought to the glory of His Resurrection  
Through the same Christ, Our Lord  
Amen.

## **Prayers learned and used from PRIMARY 6**

### **Prayer to the Holy Spirit (Traditional)**

Come, O Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit, and they shall be created. And you shall renew the face of the earth.

### **Let us pray**

O God, who has taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be always truly wise and ever rejoice in his consolation, through Christ our Lord. Amen.

### **De Profundis**

Out of the depths I cry to you, O Lord, Lord, hear my voice.  
O let your ears be attentive to the voice of my pleading.  
If you, O Lord, should mark our guilt, Lord, who would survive?  
But with you is found forgiveness; for this we revere you.

My soul is waiting for the Lord, I count on his word.  
My soul is longing for the Lord, more than watchman for daybreak.  
(Let the watchman count on daybreak and Israel on the Lord.)  
Because with the Lord there is mercy and fullness of redemption.  
Israel indeed he will redeem from all its iniquity.

Eternal rest give unto them, O Lord!  
And let perpetual light shine upon them.  
May they rest in peace.  
Amen.



The Bishop's Coat of Arms

## **Memorare**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy clemency hear and answer me.

Amen.

## **Prayers learned and used from PRIMARY 7**

### **Hail Holy Queen**

Hail, Holy Queen, Mother of Mercy,

Hail, our life, our sweetness and our hope.

To thee do we cry, poor banished children of Eve,

to thee do we send up our sighs,

mourning and weeping in this vale of tears.

Turn then, most gracious advocate, thine eyes of mercy towards us,

and after this our exile,

show unto us the blessed fruit of thy womb, Jesus,

oh clement, oh loving, oh sweet Virgin Mary.

Amen.

### **Magnificat**

My soul glorifies the Lord, my spirit rejoices in God, my Saviour.

He looks on his servant in her lowliness; henceforth all ages will call me blessed.

The Almighty works marvels for me. Holy his name!

His mercy is from age to age, on those who fear him.

He puts forth his arm in strength and scatters the proud-hearted.

He casts the mighty from their thrones and raises the lowly.

He fills the starving with good things, sends the rich away empty.

He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever.

